

August 17th - Back to School Night (6:30 - 8:00pm) August 19th - Back to School Dance (7:00 - 9:00pm) August 24th - Picture Day August 31st - 8th Grade Hearing Screening

Dear GOMS Families,

What a great start to 2022-23! If the first three days are any indicator, this is going to be a school year to remember. Our 7th and 8th graders have been in the GOMS Nest by being respectful, responsible, and resilient. We are looking forward to an amazing first full week, including Back to School Night for parents, and the Back to School Dance for students. Plenty of reasons to celebrate already, and we are looking to keep momentum on our side. We hope you have a relaxing and fun-filled weekend with your family.

All the best, Mr. Anaya and Mr. Holmes

#### Back to School Night - August 17, 2022 (6:30 pm to 8:00 pm)

**This event is designed for parents and guardians only.** Your student will bring home a personalized invitation with a schedule for you to follow and a map of the campus. Please make sure to look for the invitation from your student.

• If you are a parent of a Symphonic Band student you will meet in M-1 at 6:15 – 6:25 p.m.

Parents will visit their student's classrooms as follows:

1 <sup>st</sup> period	6:30 – 6:40 p.m.
2 <sup>nd</sup> period	6:43 – 6:53 p.m.
3 <sup>rd</sup> period	6:56 – 7:06 p.m.
4 <sup>th</sup> period	7:09 – 7:19 p.m.
5 <sup>th</sup> period	7:22 – 7:32 p.m.
6 <sup>th</sup> period	7:35 – 7:45 p.m.
7 <sup>th</sup> period	7:48 – 7:58 p.m.

We look forward to meeting you!



#### Picture Day is August 24th

Pictures will be taken during the student's PE class. You can order your picture package online by going to <u>https://my.lifetouch.com/mylifetouch/</u> and using **Picture Day ID: EVTRJFV6C.** 

<u>If you are not ordering online</u>, be sure your student brings their picture order form and money on Wednesday, August 24th!

Attention Falcons! Our first school-wide DANCE is coming NEXT Friday August 19th from 7 to 9pm! We will have DJ dancing, food and drink for sale, games, and more! The theme is NEON so wear your bright colors or glow in the dark apparel. Tickets go on sale next week, Wednesday through Friday, during both lunches in the amphitheater. Tickets are \$5 and must be purchased in advance. TICKETS WILL NOT BE ON SALE AT THE DOOR! Gather your friends, get your tickets, and LET'S GLOW CRAZY!

#### Chromebooks

Questions about Chromebook Distribution can be directed to David Jurgeit at djurgeit@rocklinusd.org

### School/Office/Library Hours:

### Every <u>Monday</u> School starts at 8:00 a.m. and ends at 1:26 p.m. Tuesday through Friday school starts at 8:00 a.m. and ends at 2:40 p.m. Office hours are Monday – Friday from 7:00 a.m. to 3:30 p.m. The library is open Monday (7:45 a.m. to 2:30 p.m.); Tuesday – Friday from 7:45 a.m. to 3:30 p.m.

Students should not arrive on campus before 7:35 a.m. Students should plan to be off campus by 3:00 p.m. unless participating in a supervised activity or studying in the library. Granite Oaks does not have supervision to permit students on campus beyond designated times.

#### 2022-2023 Bell Schedule

#### **Attendance/Absences:**

To report your student absent, please call the Attendance Office, at 315-9009, Ext. 4105. Students must have absences cleared by a parent/guardian. Parents will receive an attendance letter for excessive absences if their student exceeds 10 excused absences or 3 unexcused absences for the school year. If your student is going to be out of school for 3 or more consecutive days, then they will need to request an Independent Study Contract through the Attendance Office, which must be notified at least one week prior to the departure date. The GOMS Student Handbook contains additional information regarding attendance.

#### **Student Check Out/Check In:**

If your student needs to leave school during the school day (*i.e.: appointment*) they need to bring a signed note from their parent/guardian <u>before school</u> to the attendance office. They will be issued a slip to be released from class. Students can only be signed out by a parent, guardian, or person listed in the Aeries Parent Portal Account and is at least 18 years of age. This policy ensures an uninterrupted learning environment and allows students to be waiting for you in the front office to be signed out

When checking your student into school, your student must go to the attendance window, located on campus around the corner from the main office, to fill out a slip before going into class.

#### **Breakfasts/Lunches:**

Free breakfast and lunches will be provided to all students this school year.

#### **Deliveries to Students:**

Parents are encouraged to let students assume responsibility for remembering lunches, school items, homework and P.E. uniforms. However, you may leave items on the bookcase located in the Front Office for your student to pick-up. **Students/Parents may not order food to be delivered to the office for lunch (i.e. pizza, door dash, uber eats, etc).** 

#### **Physical Education/Uniforms:**

**Uniforms will be sold each day for the first week during your student's P.E. class.** Your student will buy a uniform from their P.E. teacher. We recommend that students purchase the school P.E. uniform; however, students may wear a black pair of shorts and a gray T-shirt with no pockets or logos during class. The school P.E. uniform includes shorts and shirt for \$25.00 a set or \$13.00 each for the individual T-shirt or shorts. **Make checks payable to Granite Oaks Middle School.** For safety, sturdy laced athletic shoes are required. No slip on, backless or raised sole shoes will be allowed during P.E. class. The school will furnish P.E. lockers and locks for students.

#### Driving Caution during Drop Off and Pick Up:

Please do not stop in the middle of the traffic lane or in the middle of the parking lot to let your student out. Please pull to the curb or into a parking spot. Also, please do not park in the bus loop. This area needs to be kept clear for buses. Student drop off is not permitted behind the E Wing Building.

#### **Student Illnesses/Health Office:**

If a student has an emergency or is ill, they must report to the health office located in the Front Office. Granite Oaks staff is available to assist your student.

#### **Medications:**

Any student, who may need medication administered during school hours must have a written medication authorization release signed by both the parent and doctor (Ed. Code 49423). This applies to all medications; *over-the-counter and prescription medications*. This also applies to students who carry their medication with them (i.e., asthma inhalers and auto-injection Epi Pens). For more information and access to the appropriate form, please use the links below:

#### RUSD Medication Release Forms GOMS Health Office

#### Mandated State Immunization Requirements:

All students entering 7<sup>th</sup> grade and newly registered students must meet all state immunization requirements, including proof of 7<sup>th</sup> grade TDAP requirements, or have a temporary or permanent Medical Exemption completed by a doctor. A Personal Beliefs Exemption filed in grade span Pre K through 6th grade is not valid for 7<sup>th</sup> grade entry.

Reference: <u>RUSD website for Immunization Requirements</u>

Reference: California's School Immunization Website

# Parent Falcon Club Support - 8/20



Granite Oaks Middle School urgently needs parents to join the Parent Falcon Club Board. The Parent Falcon Club (PFC) is crucial for the support of Granite Oaks students and faculty. Please join Mr. Holmes, Mr. Anaya and the PFC Board on <u>Saturday, August 20th at 10am</u> at Starbucks (Park and Stanford Ranch in the SaveMart shopping center) to find out how you can help our community and answer any questions.

There are many levels of involvement! We need help with one-time events as well as board positions. Job sharing is encouraged and some volunteer work can be done remotely. For more information, contact: graniteoaksPFC@gmail.com and check our website: www.gomspfc.org for a description of the board positions.

Thank you for your support!

# **Rocklin Unified School District**

2615 Sierra Meadows Drive · Rocklin, CA 95677 Phone · (916) 624-2428 Fax · (916) 624-7246

Roger Stock, Superintendent Barbara Patterson, Deputy Superintendent Business & Operations Tony Limoges, Associate Superintendent, Human Resources Marty Flowers, Associate Superintendent, Secondary Education Bill MacDonald, Associate Superintendent, Elementary Education

Dear Parents and Students,

The staff at Granite Oaks Middle School are excited to welcome you to a new school year filled with opportunities to learn and engage! We are looking forward to seeing all of you this coming school year.

Attending school regularly helps children feel better about school—and themselves. Building this habit at the beginning of the school year has a huge impact on student success. We realize some absences are for health or other reasons. But, when students are absent 2 or more days a month (or 18 days over the school year) they can fall far behind in what they learn. Excused and unexcused absences both mean missing classroom learning time. Let's work together to increase attendance rates at our school to ensure all of our students are on the right path for success.

Some Attendance Tips:

- Make sure your students keep a regular bedtime and establish a morning routine.
- Turn off all electronics including TVs, phones and tablets at bedtime.
- Make sure clothes and pack backpacks are ready the night before.
- Check with our school nurse or office staff if you are not sure about when to keep your child at home due to illness.
- Avoid scheduling vacations or doctor's appointments when school is in session.
- Talk to teachers and counselors for advice if your student feels anxious about going to school.
- Request a *Short Term Independent Study contract if your child will be absent for 3 or more days*, this will allow your child to keep up with their academics while they are away. Additionally, based on completion of work, your child will be considered in attendance.
- Develop back up plans for getting to school if something comes up. Call on a family member, neighbor, or another parent to take your student to school.
- View additional resources from AttendanceWorks
  - Kindergarten
  - o Grades 1st-6th
  - o Grades 7th-12th

Please let us know how we can best support you and your student so that they can show up for school on time every day.

Sincerely,

Jay Holmes, Principal



# **Health Services**

In preparation for the coming school year we would like to notify you about our Health Office.

- The Health Office is located in the Administration Office building.
- The school health office is staffed by a part-time Health Aide. They are trained in CPR and First Aid. Their usual office hours are from: 8:00am to 11:45am.
- When the Health Aide is not in the office students will be assisted by: school staff. They are also trained in CPR and First Aid.
- Medication Check In: The best times to check in medications are: 8:00am to 11:45am. You will need to put the items below in a bag with your students name and phone number on it.
  - 1. <u>A medication administration form signed by the physician and the parent/guardian.</u>
  - 2. Medication in the appropriate container.
    - Prescription medications must be brought to school in a pharmacy-labeled bottle which contains instructions on how and when the medication is to be given.
    - Over-the-counter medications must be received in the original container

The school health office provides temporary care to students who are sick or injured at school until the parent can be contacted to pick up the student. Students cannot be diagnosed by the health office; your child's physician will need to provide a proper diagnosis. Students will only be released to persons listed on the Emergency Card and 911 will be called if the situation could be life threatening.

Prior to the beginning of school, please notify the school health office in writing of any chronic health issues, such as heart problems, diabetes, severe allergies, hearing loss, vision/glasses, chronic pain, asthma, seizure disorders, etc. This enables the school to communicate the necessary accommodations to appropriate staff to ensure that student health needs and safety are cared for.

*Health Services Webpage* – For more information please see our Health Services Webpage: <u>www.rocklinusd.org/Departments/Health-Services</u>

Rocklin Unified School District Health Services • email: <u>RUSDnurses@rocklinusd.org</u> • fax: (916)630-2247



## Medications at School

The school health office supervises students who are required to take medication during the school day. A written authorization from the student's physician and parent or guardian is required before designated school staff can assist the student in taking **any** medication, including medications prescribed by the physician and over-the-counter medications such as Tylenol, Motrin, cough drops, and ointments.

If your student needs medication of any type given during school hours, including over-the-counter drugs, you have the following choices:

- You may obtain a copy of a medication form from the health aide or school secretary. Take the form to your child's health care provider and have him/her complete the form by listing the medication(s) needed, dosage, and number of times per day the medication is to be administered. Both prescription and over-the-counter medications must have a completed form signed by the physician and the parent. Prescription medications must be brought to school in a pharmacy-labeled bottle which contains instructions on how and when the medication is to be given. Over-the-counter medications must be received in the original container and will be administered according to the health care provider's written instructions.
- You may come to school and give the medication to your student at the appropriate time(s).
- You may discuss with your health care provider an alternative schedule for administering medication (e.g., outside of school hours).

Any medications that will be stored in the Health Office must be signed in by a parent/guardian and staff member. The Health Aide/staff member will verify the medication against the physician's orders, noting the medication's expiration date, quantity, and form (liquid, pills, inhaler, nasal spray, eye drops, etc.)

All medication must be in the original container and placed under lock and key in the health office in the administration building for the safety of all students. *Students are not allowed to carry any form of medication (prescription or over-the counter) at any time while on campus* except those medications that a physician requests the pupil be allowed to carry (e.g., inhalant for asthma, Auto-injector Epi-Pen for severe allergies). Doctor's orders are required to be kept on file at the school for students carrying authorized medication. When on a field trip, the student medications kept in the Health Office shall be monitored by and in possession of a teacher at all times.

Reference: Board Policy 5141.21

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